# FTSA — Rates 2026

Physiotherapy, specialist treatments and fitness

## Important notice

**Changes to agreements with several health insurers**
Since 2024, we have had to introduce a number of changes. These changes have a direct impact on our rates.

## Treatments

| Treatment | Rate (2026) |
|---|---|
| Screening and initial assessment (without referral) | €63.30* |
| Initial assessment (with referral) | €63.30* |
| Screening and initial assessment at home (without referral) | €91.95* |
| Initial assessment at home (with referral) | €91.95* |
| Physiotherapy treatment | €51.75* |
| Physiotherapy treatment at home | €80.65* |
| Manual therapy treatment | €63.30* |
| Shockwave therapy | €51.75* |
| Dry needling treatment | €51.75* |

* If you need to cancel an appointment, the treatment will not be charged if you cancel at least 24 hours in advance.

Rate increases are approximate and based on the annual indexation calculated by the Dutch Healthcare Authority (NZa); the 2026 indexation is 5.01%.

## Fitness

| Membership / pass | Term / validity | Rate (2026) |
|---|---|---|
| Membership | 3 months | €149.50 |
| Membership | 6 months | €276.15 |
| Membership | 1 year | €517.80 |
| 10-session pass | Valid for 1 year | €108.50 |

Fitness memberships allow training up to 3 times per week (upon registration).

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## FTSA

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